





## Only One You

Linda Kranz is the author and the illustrator of the book – Only One You. She painted the "rockfish" that are featured in her book. She also included many kind and powerful words, inspirations and quotes in her book.

Cut a fish shape out of cardboard, cover with foil, use permanent markers to draw designs on the foil.

Paint your own rock fish.

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Choose an inspirational saying from the book and use one of these fun fonts to create signs for your home. https://www.dafont.com

Paint a self-portrait using watercolors.



Learn how to create
an origami fish.
https://www.youtube.com/
watch?v=djPgd1m6IMY

Use color pencils to decorate the origami fish that you created.

Create a fish mobile.
Draw 5 fish. Decorate
them with crayons, colored
pencils, markers or
watercolors on both sides.
Attach a different length
of string to each fish. Tie
the fish to a hanger or
stick for your mobile.



Trace the outline of your head and fill in the space with drawings and words of the things that make you unique.

Learn more about the author Linda Kranz.

Visit her website:

www.lindakranz.com/index.php



Check out the Arts @ Large website to read along with John McGivern! https://bit.ly/AALStoryTime

List 10 things
that you can do to
make the world a
better place.
Create a poster
for display.

Paint an underwater scene using the watercolors, add your origami fish to your painting.

There is Only One You! Use the Cinquain Poem template to write a poem about yourself. Draw a picture of yourself that illustrates your poem. Share our poem with us using #MyArtBagMKE

		Cinquain Poe	m	
		noun		
	adjective		adjective	
verb-ing		verb-ing		verb-ing
noun		noun (Or 4 word phras	noun e)	noun
		noun or synony	m	

## **About the Project**

Creative expression through art can bring a sense of calming, wonder and joy. During these uncertain times, we feel strongly that support for the arts, especially arts education for children, is critical to helping them deal with the unprecedented challenges they face daily.

**Black Box Fund** and **Arts** @ **Large** have collaborated to bring you"**My Art Bag**" project kits for children in Milwaukee. This series of six different bags for children ages 3 to 13 will contain a variety of art supplies, an age-appropriate book and art curriculum specifically tied to the book.

We hope that the contents of this bag will provide you and your child the opportunity to ignite the creative spark that lives in the heart of everyone – regardless of age.

## Share your work with us! #MyArtBagMKE





Black Box Fund is as a tax-exempt 501(c)(3) nonprofit public charity organization founded with the mission to support public art, music and performance that inspires, educates and enhances the well-being of our Milwaukee communities. Learn more about Black Box Fund by visiting https://www.blackboxfund.org/.

Since 2001, Arts @ Large has engaged Milwaukee's students, their families and the community in arts-rich experiential learning. Arts @ Large is committed to providing equitable access to educational experiences that include the arts. Learn more about Arts @ Large programs, and their Community Center in the Walker's Point neighborhood of Milwaukee. artsatlargeinc.org

Help us to continue virtual programming by providing your feedback with this **2 minute survey: https://bit.ly/ArtActivitySurvey** 

## **Community Partners**













